BERNARDS TOWNSHIP

Municipal Alliance/ Youth Services Commission March 7, 2023 **Meeting Agenda**

CALL TO ORDER ATTENDANCE SHEET/ROLL CALL PLEDGE OF ALLEGIANCE READING OF THE MISSION STATEMENT STAFF COMMENT MINUTE APPROVAL – February 7, 2023

Motion (1)

Motion (2)

REPORTS

- a. Somerset County Alliance Coordinator (Ebeny Torres)
- **b.** Youth Services Commission (Monica Sprague)
- c. Community Programs Coordinator (Kaitlin Cartoccio)

AGENDA ITEMS

- 1. Youth Services Program Updates
 - a. REACH (Ridge Education Action & Community Health)
 - b. Viking Yoga
 - c. COPE (Creating Opportunities for Positive Emotions)
- 2. Upcoming Programs Save the Date!
 - a. OPR Suicide Prevention Training April 26th 6:30-8:30 pm Flyer
 - b. Mega Coffee with a Cop Update
 - c. Social Media, Gaming presentation Update
- 3. Twilight Challenge 2023 Discussion Sunday, June 4, 2023

PUBLIC COMMENT LOCAL EVENTS / MUNICIPAL ALLIANCE MEMBER COMMENT **ADJOURNMENT**

Motion (1)

(2)

Bernards Township Municipal Alliance Against Substance Abuse Mission Statement

The mission of the Bernards Township Municipal Alliance Against Substance Abuse is to provide consultation, programs, training, and resources to members of the Bernards Township community with the goal of preventing and reducing the use of alcohol, tobacco, and other drugs.

Three goals of the Alliance: ESP!

- 1. To **educate** about the damaging and addictive effects of alcohol, tobacco, and other drugs,
- 2. To **support** events & programs that provide healthy alternatives to substance abuse, and
- To create a community wide **presence** in the identification of problems and in designing effective measurable solutions.