

CONNECTED MINDS, PROTECTED HEARTS: DISCUSSION FOR STRATEGIES FOR MANAGING YOUTH SMARTPHONE & SOCIAL MEDIA USE

We recognize the concern of the harmful impact that smart phones and social media can have on our youth's mental health. Spurred by recent books published on these topics (i.e. The Anxious Generation), we are hosting a community forum where we will discuss action the Bernards Township Community can take to protect our children.

Come to this meeting ready to discuss action we want to take. Hear from our federal and state legislators about existing legislation and suggest new legislation we need. Leaving this discussion, Bernards Township families will take action, as a community.

Prior to this event, do your homework. Read some of the suggested publications gathered by our Bernards Township Library, Health Department, Police Department, and Board of Education. Watch videos discussing this topic. Attend events such as the Bernards Township BOE September 10th event. Be ready to discuss solutions.

We look forward to this event! To help ensure we can accommodate all who are interested, please RSVP so we make sure we have space. All Bernards Township residents are invited to attend, especially parents of children of all schools within the Township.



To view suggested background reading for prep before the event go to: www.bernards.org/resident-calendar/fabric-of-bernards-youth-and-technology-event

RSVP by October 3rd
kkelly@bernards.org or 908-204-3002

Thursday,
October, 10th, 2024



7:00 PM to 9:00 PM



Bernards Municipal Building
Warren Craft Meeting Room
1 Collyer Lane, Basking Ridge, NJ

