

Pleasant Valley Pool

Swim Test Policy

For all children less than 48" tall who wish to use the Training Pool Slide or the Main Pool Diving Boards.

This policy is aimed at identifying the swimming capabilities of young children to better ensure their safety. This policy will better protect swimmers and non-swimmers, even in shallow water. Those under 48" tall who do not take or do not pass the swim assessment will not be permitted to use the slide or diving boards. The Pleasant Valley Pool Swim test consists of a shallow water test and a deep water test, both outlined below. The tests will be administered by second responder lifeguards at each pool.

Shallow Water Swim Test Yellow Wristband

Children under 48" tall who wish to use the Training Pool Slide must pass a shallow water swim test consisting of:

- Swim unaided in the deepest part of the pool from the slide rope to the side ladder.
- Successfully ride the slide one time while supervised by a lifeguard.

When a child passes this test with confidence he/she will receive a yellow wristband and a yellow sticker on the back of his/her ID badge.

Deep Water Swim Test Green Wristband

Children under 48" tall who wish to use the Main Pool Diving Boards must pass a deep water swim test consisting of:

- Swim unaided across the width of the diving tank and back.
- Passing this test also passes the child for the shallow water test.

When a child passes this test with confidence he/she will receive a green wristband and a green sticker on the back of his/her ID badge.

- Wristbands are only required for those under 48" tall who wish to use the Training Pool Slide or the Main Pool Diving Boards. All other pool areas do not require a swim test. Individuals who meet the height requirement are not required to be swim tested.
- Members are required to pass the test once each season. The members ID badge will be marked and they are expected to request a wristband from the game window each time they visit the pool.
- Guests will be tested and receive a wristband each time they visit the pool.
- Lifeguards will be posted at the Training Pool and Main Pool to conduct swim tests. Look for the "Swim Test Start" signs at each pool. We will make every effort to hold swim tests as often as possible throughout each day; however there may be instances where tests are not offered due to event/lesson schedules or the crowdedness of the pool.
- Lifeguards and Pool Management reserve the right to restrict any individual from using the diving boards if they cannot safely swim to the ladder following a dive.