



RECREATION BASKETBALL

Program Name: Recreation Basketball

Boys & Girls, Grades 3-8

Season begins November 30th

This is a recreational, non-competitive league, where the basic skills and fundamentals are taught to the participants and no league standings are kept.

Practices: Each team will practice for one hour, one weeknight each week and for one hour on Saturdays at one of the townships public schools; to be determined by the coach and the Recreation Dept. We do not accept requests.

Games: Grades 3 & 4 - Games will be played between 8:30 AM & 5:00 PM on Saturdays at William Annin Middle School, January 9 – March 6. Game times will change each Saturday. Teams will only practice one weeknight each week during game season. Grades 5-6 - Games will be played between 12:00 PM & 6:00 PM on Sundays at William Annin Middle School, January 10 – March 7. Grades 7-8 – Games will be played between 12:00 PM & 6:00 PM on Sundays, January 10 – March 7. Occasional Monday, Thursday, and Friday games will be played between 6:00 PM & 9:00 PM at William Annin for Grades 5-8. Teams may practice twice per week during game season.

Team Selection: Boys and girls will play in separate leagues. There will be a 3rd-4th grade division, a 5th-6th grade division and a 7th-8th grade division. Teams will be randomly selected based on school attending, grade level, and height. We do not accept any type of requests. Players will be notified of their team assignment the week of November 9.

Cost: \$95/player if registered on or before October 23 on a space available basis
\$120/player beginning October 24; *Residents only. Refunds are subject to a \$10 processing fee. No refunds will be issued after 11/25/09*

Recreation Basketball—Program Goals and Objectives

The focus of the league at all grade levels is on:

- developing skills, including an understanding of basic offensive and defensive strategies of the game.
- developing teamwork.
- athletic conditioning.
- developing sportsmanship. The most important aspect of this program is for the young players to get positive exposure to this lifetime activity. For this reason, we have established the following rule for **PARENTS** of participants, as a positive experience begins with a positive attitude:
 - Only **positive** cheering may be displayed; feel free to cheer for both teams! No stereotypes (music), air horns or noisemakers!
 - There should be no communication with the referees while the game is in session.
 - Please do not coach your child from the stands; allow the team coach to do his/her job!

WE NEED YOUR HELP!

One volunteer Coach and one volunteer Assistant Coach is needed for each recreation basketball team.
The number of teams and participants we can accommodate depends on the number of volunteers.
It will take about 3-4 hours per week of your time!

As a coach or assistant for your child's team you will be responsible for:

- attending the Rutgers SAFETY Clinic (if you have never attended before) Monday, November 2, from 7PM-10PM at the Town Hall Court Room.
- attending a basketball skills coaching clinic on a Saturday, November 14 (tentative), 1-2:30PM at William Annin.
- picking up equipment issued to your team and maintaining it throughout the season.
- communicating all important league information to parents and participants.
- teaching participants the basic skills and fundamentals of basketball and good sportsmanship.

Complete the volunteer section of your child's registration form if you are interested in volunteering.

COACHES NEEDED!

Thinking about coaching your child's team? Not sure if you're ready for the challenge?

Pick up a copy of our New Coaches Information Brochure
at the Parks & Recreation Office located at Town Hall or on the web at www.bernards.org

Learn more about the requirements, commitments and skills needed to coach your child's basketball team.
Call 908-204-3003 if you have any questions.



