Pleasant Valley Pool Swim Team and Pre-Team
Each child must have a valid Pool Membership to register.
Hired lifeguards should register for the “Swim Team for PVP Lifeguards” section.

The Pleasant Valley Swim Team is a competitive, coed team, comprised of pool members ages 6 to 18 years old and competes in the Morris County Summer Swim League. Swimmers are expected to be proficient in two strokes (Freestyle, Breaststroke, Butterfly, and Backstroke) and must be able to dive. Boys and girls compete in separate races and are grouped as: 8 and under, 9/10 (Swim 25 meters); and 11/12, 13/14, 15 and over (Swim 50 meters).

TRYOUTS – Child must be registered to attend a tryout. All new participants, and participants moving up from pre-team, are required to attend a Tryout at Pleasant Valley Pool on one of the following dates: Wednesday, June 5, 2019 at 5:30pm or Saturday, June 8, 2019 at 9:30am. NEW swimmers, who do not attend a tryout, will NOT be accepted into the program. Tryouts will determine placement on either the Swim Team, Pre-Team or recommended for lessons. Placement decisions are final. Full refunds will be given to any child that does not qualify for either team after trying out.

PRE-TEAM PROGRAM
Boys and Girls Ages 6-9 by 7/01/19
Pre-Team is an introduction to competitive swimming and should not be considered a replacement for swim lessons. Swimmers should be able to comfortably swim a front crawl with rotary breathing one lap of the pool (25 meters). Members of the Pre-team participate in intra-squad meets, the Pep Rally, and the Awards Picnic.
Practice: Tuesdays, Wednesdays, and Thursdays, June 25 through July 24, 2019; 9:00am-10:00am
Meets: 3 dual meets (tentative), 1 intra-squad meet

SWIM-TEAM PROGRAM
Boys and Girls Ages 6-18 by 7/01/19
Swimmers must be proficient in two strokes, freestyle and one other stroke, and swimmers Ages 10 and Under must be able to swim 50 meters and swimmers Ages 11 and Over must be able to swim 100 meters without difficulty from a dive. All coaches decisions are final.
Practice: Monday through Friday, June 21 through July 24, 2019
Ages 6-10: 9:00am-10:00am
Ages 11-18: 10:00am-11:00am
Meets: 7 Dual Meets, 1 intra-squad meet and championship meet for qualified swimmers.
Meet of Champions: 12 and Under on July 27; 13 and Over on July 28
Stroke Clinics for New & Summer Swimmers: Saturdays, June 15 and 22, 9:45am-11:00am. (Not for Pre-Team Swimmers)

FOR ALL SWIMMERS
Intra-squad Meets: July 8
Pep Rally: July 11
Award Picnic: July 25

PARENTS MEETING (Mandatory for new parents, recommended for returning)
Attend one informational meeting either Wednesday, June 5, 2019 at 6:30pm or Saturday, June 8, 2019 at 10:30am at the Pleasant Valley Pool. Important information and the dual meet calendar will be distributed at this meeting. All parents are expected to help volunteer throughout the season and will be required to participate at least four times at home and away meets and/or on a committee.

SWIM SUITS
The swim suit will be the same design as last year. More information will be available at the parent meeting.

SWIM CAPS
Latex bathing caps are available for purchase at the parent meeting, as well as the main gate for $5.00.

SPORTSWEAR
There will be an opportunity to order PVP Swim Team spirit wear through an online store. Samples and additional information will be available at both parent meetings.
FEES: $80.00 per child if paid by May 27, 2019. $100.00 per child if paid on/after May 28, 2019 if space available. $10.00 per child discount, 3 or more same family. Checks are payable to “Bernards Township Pool”. Online registrations will be accepted through June 3, 2019. In-person registration will only be accepted at the Bernards Township Recreation Office through June 7 from 8:30am to 4:30pm (Cash/Check ONLY). No registrations will be accepted after June 7, 2019 at 4:30pm. No registrations will be accepted at the pool and child must be registered to attend tryouts. NO EXCEPTIONS.

REFUNDS: No refunds issued after June 12, 2019. Refunds are subject to a $10 processing fee per child. Full refunds will only be given to any child that does not qualify for the pre-team or swim team after trying out.

QUESTIONS?
Contact: Linda Paul at lindaep21@icloud.com or 908-696-0410, leave message OR Agnes Doucette at agnesdoucette5@gmail.com or 973-868-0289, leave message.
You must be registered with the Recreation Department prior to attending an activity. If your household is new, inactive, or missing pertinent information you will need to complete a Household Information Form before registering for an activity. Online Registration: Visit www.bernards.org. Call 908-204-3003 to request your User Name and Password. In-Person or Mail-In Registration: Complete the form below and return with check made payable to Bernards Township to Parks & Recreation, 1 Collyer Lane, Basking Ridge, NJ 07920

2019 Swim Team Registration

<table>
<thead>
<tr>
<th>Swimmer Name</th>
<th>Gender</th>
<th>Age (as of 7/1/19)</th>
<th>Birth Date (required)</th>
<th>Strokes Mastered</th>
<th>Shirt Size (YM, YL, AS, AM, AL)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Parents Name: ___________________________________________ Phone #: ___________________________ (Home) _________________________ (Cell)
Address: ____________________________________________________________________ E-mail address: _____________________________________
Are you an official? Yes _______ No _______ Are you interested in being an official? Yes _______ No _______

By registering my child(ren) for swim team, I understand that ALL parents MUST Volunteer during the season. Detailed information and volunteer registration will take place at the Parent Meetings.

As the Parent or Guardian of the participant in this program, I hereby give permission for my child/dependent to participate in this program and agree that this is a voluntary choice. I acknowledge that there are certain risks inherent in participation in this activity, and I agree to accept all of the consequences and assume the risks involved in participation. I give permission to the Township to provide emergency care as necessary for the well being of my child/dependent until such time as I may be contacted. I understand and acknowledge that Bernards Township is not responsible for any loss, damages or injury to any person or property for any reason associated with my child’s/dependent’s participation in this activity. In light of the above, I hereby agree to indemnify and hold harmless and release Bernards Township from any and all liability for any and all injuries my child/dependent may sustain as a result of participation in this activity. This includes, but is not limited to, responsibility for the payment of any and all doctor, medical or hospital bills resulting from any and all injuries to my child/dependent. I grant Bernards Township the right to use any and all photographs of myself or my child participating in a Department sponsored activity for future media promotion. I confirm that I have read and understand the Recreation Department’s registration policies and procedures.
Pleasant Valley Pool Swim Team for PVP Lifeguard

The Pleasant Valley Swim Team is a competitive, coed team, comprised of pool members ages 6 to 18 years old and competes in the Morris County Summer Swim League. Swimmers are expected to be proficient in two strokes (Freestyle, Breaststroke, Butterfly, and Backstroke) and must be able to dive. Boys and girls compete in separate races and are grouped as: 8 and under, 9/10 (Swim 25 meters); and 11/12, 13/14, 15 and over (Swim 50 meters).

SWIM-TEAM PROGRAM
Boys and Girls Ages 15-18 by 7/01/19
Swimmers must be proficient in two strokes, freestyle and one other stroke, and swimmers Ages 11 and Over must be able to swim 100 meters without difficulty from a dive. All coaches decisions are final.
Practice: Monday through Friday, June 21 through July 24, 2019
Ages 11-18: 10:00am-11:00am
Meets: 7 Dual Meets, 1 intra-squad meet and championship meet for qualified swimmers.
Meet of Champions: 13 and Over on July 28
Stroke Clinics for New & Summer Swimmers:
Saturdays, June 15 and 22, 9:45am-11:00am.
Intra-squad Meets: July 8
Pep Rally: July 11
Award Picnic: July 25

SWIM SUITS
The swim suit will be the same design as last year. More information will be available at the parent meeting.

FEES: $10.00 per PVP Lifeguard. Checks are payable to “Bernards Township Pool”.

REFUNDS: No refunds issued after June 12, 2019. Refunds are subject to a $10 processing fee per child. Full refunds will only be given to any child that does not qualify for the pre-team or swim team after trying out.

QUESTIONS?
Contact: Linda Paul at lindaep21@icloud.com or 908-696-0410, leave message OR Agnes Doucette at agnesdoucette5@gmail.com or 973-868-0289, leave message.

You must be registered with the Recreation Department prior to attending an activity. If your household is new, inactive, or missing pertinent information you will need to complete a Household Information Form before registering for an activity. Online Registration: Visit www.bernards.org. Call 908-204-3003 to request your User Name and Password. In-Person or Mail-In Registration: Complete the form below and return with check made payable to Bernards Township to Parks & Recreation, 1 Collyer Lane, Basking Ridge, NJ 07920
2019 Swim Team Registration - LIFEGUARD

<table>
<thead>
<tr>
<th>Swimmer Name</th>
<th>Gender</th>
<th>Age (as of 7/1/19)</th>
<th>Birth Date (required)</th>
<th>Strokes Mastered</th>
<th>Shirt Size (YM, YL, AS, AM, AL)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Parents Name: ___________________________________________ Phone #: ___________________________ (Home) _________________________ (Cell)
Address: ____________________________________________________________________ E-mail address: _____________________________________

Are you an official? Yes _______    No _______   Are you interested in being an official? Yes _______    No _______

By registering my child(ren) for swim team, I understand that ALL parents MUST Volunteer during the season. Detailed information and volunteer registration will take place at the Parent Meetings.

As the Parent or Guardian of the participant in this program, I hereby give permission for my child/dependent to participate in this program and agree that this is a voluntary choice. I acknowledge that there are certain risks inherent in participation in this activity, and I agree to accept all of the consequences and assume the risks involved in participation. I give permission to the Township to provide emergency care as necessary for the well being of my child/dependent until such time as I may be contacted. I understand and acknowledge that Bernards Township is not responsible for any loss, damages or injury to any person or property for any reason associated with my child’s/dependent’s participation in this activity. In light of the above, I hereby agree to indemnify and hold harmless and release Bernards Township from any and all liability for any and all injuries my child/dependent may sustain as a result of participation in this activity. This includes, but is not limited to, responsibility for the payment of any and all doctor, medical or hospital bills resulting from any and all injuries to my child/dependent. I grant Bernards Township the right to use any and all photographs of myself or my child participating in a Department sponsored activity for future media promotion. I confirm that I have read and understand the Recreation Department’s registration policies and procedures.