

Ridge Girls Soccer Camp Philosophy



The Ridge Girls Soccer camp is run by Varsity Soccer Coach Katie Donahue, along with her coaching staff and the Ridge Girls Soccer Team. The camp focuses on developing soccer fundamentals, challenging players to improve at their level, promoting team play and having fun. Both technical and tactical elements of the game will be covered, including fundamentals such as dribbling, passing, receiving, shooting, combination play and team concepts through stations and games.

Contests and games will include:

3 v 3, 1 v 1, 7 v 7, World Cup,
Juggling Contests, Knock Out
and more!

Each player will be guaranteed equal playing time and will be customized to develop the younger players and challenge the elite club player. High school soccer is a chance for friends and neighbors to join and play together again.

**We invite you to come be
part of the team!**

Recent Team Accomplishments



Group 4 State Champions (2015, 2017)

Group 4 Sectional Finalists (2017, 2016,
2015, 2012, 2011, 2008)

North 2, Group 4 Sectional Champions
(2017, 2016, 2015, 2012, 2011, 2008)

Skyland Conference Champions (2015,
2014, 2008)

Somerset County Tournament Champi-
ons (2015, 2013, 2009)

NSCAA National Ranking #9 (2015)

MaxPreps Tour of Champions Award
(2015)

Katie Donahue Coaching Awards

NJSIAA Hall of Fame Induction (2018)

Skyland Conference COY (2018)

MSG Varsity COY (2015)

Courier News COY (2015)

NJGSCA North 2 COY (2015, 2012)

Skyland Conference COY (2014)

Somerset Patriots Positive Coach (2016)

NJSIAA Sports Award (2017)

RIDGE GIRLS SOCCER CAMP

July 8-July 11

(Friday July 12 is a rain date)

@

Pleasant Valley
Park

Field #2– Tobin Heath Field

9AM-Noon

COME JOIN THE TEAM!

Girls Grades Kindergarten to 9th



Camp Cost: \$160

Early Bird: \$140 until 4/10/19

Multiple Child Discount: \$10 off per child

No refunds after June 1, 2019

Make checks payable to:

RGS Camps and Clinics

Send Application and Check to:

Katie Donahue

915 Sherwood Road

Bridgewater, NJ 08807

CAMPER REGISTRATION

ONE REQUIRED PER CAMPER

ONLINE REGISTRATION AVAILABLE AT

<HTTPS://SITES.GOOGLE.COM/VIEW/RIDGEGIRLSSOCCERCAMP/HOME>

Camper Name: _____

Grade (Sept 2019): _____

T Shirt Size: _____

Home Phone: _____

Cell Phone: _____

Parent Email: _____

Additional Email: _____

Address: _____

City, State, Zip Code: _____

Emergency Contact : _____

Medical conditions/allergies? _____

The undersigned hereby acknowledges that participation in the camp and related activities involves an inherent risk of physical injury, and the undersigned, on behalf of the registrant, hereby assumes all such risk and does hereby release and forever discharge the camp and all employees and agents thereof from any and all known liability of whatever kind of nature, arising from and by reason of any and all known and unknown, foreseen and unforeseen body and personal injuries, damage to property, and the consequences thereof, resulting from the registrant's participation in or involvement with this camp, including any failure of equipment or defect in the premises. Any photographs taken at the camp are subject to be used in the brochure in future years and can possibly be used for advertising the camp. I hereby state that I am the legal guardian of said child.

signature/date

Questions? Email Coach Katie

Email : girlsridgesoccer@gmail.com