

30th Annual Pleasant Valley Twilight Challenge

5K Run to Prevent Underage Drinking

Sunday June 3, 2018

Location: Pleasant Valley Park, located on Valley Road in Basking Ridge, NJ. Race begins in Parking Lot 2.

General Information: **BE A HERO! This year's theme is SUPERHERO! Dress like your favorite superhero for an exciting dash to the finish!**

Download form at www.bernardsalliance.org. Register online at <https://runsignup.com/Race/NJ/BaskingRidge/TwiChal>
 Packet pick up and Same Day Registration 4:00 pm—5:30 pm on Race Day. Park in Parking Lot 1 or 3 on Race Day.

T-SHIRTS & GOODIE BAGS GUARANTEED TO PRE-REGISTERED RUNNERS!



5K Race Starts at 6:00 PM

Two cross country loops around the park. Pre-registration \$25 (**Registered online or received by June 1st**). \$30 on Race Day. Combination of woodchip, grass, and road. Aid stations at midpoint and finish. Chip timing, half way split, finish line clock, race results and optional text message results provided by *Blue Ridge Timing*.



1 Mile Health Walk Starts at 5:30 PM:

Registration is \$15. Walkers can pre-register or register on race day. The course is a scenic walk through picturesque Pleasant Valley Park! Take an invigorating walk and be back in time to cheer 5K racers!

Lollipop Loop Starts at 6:30 PM:

For kids of all ages - a fun loop over a grassy field. Everyone's a winner!

Awards at 7:00 PM:

Prizes will be awarded to top overall male and female top three runners in each age group: 14 and under, 15 – 19 and then in 10– year increments up to 80 and over. No duplicate awards.

SPECIAL AWARDS AND COSTUME CONTEST FOR ALL SUPERHEROES!

Interested in SPONSORING or have any RACE RELATED QUESTIONS?

Contact Race Director:
 Kaitlin Cartoccio
kcartoccio@bernards.org
 (908) 204-2523



30th ANNUAL PLEASANT VALLEY TWILIGHT CHALLENGE REGISTRATION FORM
 Checks payable/mail to: **Bernards Township Municipal Alliance, 262 South Finley Avenue, Basking Ridge, NJ 07920**
 Please print! One registration form per person.

LAST NAME: _____ FIRST NAME: _____ AGE ON RACE DAY: _____ DATE OF BIRTH: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____ PHONE: _____

EMAIL ADDRESS: _____ SHIRT SIZE: _____ (S-XL)

Please check: _____ 5K (\$25 pre-reg. / \$30 race day) _____ One mile health walk (\$15) SEX: M F

I hereby waive all liability against the Township of Bernards and their staff regarding my participation in the 28th Annual Pleasant Valley Twilight Challenge. I declare that I am physically fit to participate in this event.

SIGNATURE: _____ DATE: _____